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13th & 14th September 2018

**“They look after you – who
looks after them ?”**

Grand Central Hotel, Glasgow

**2019 Conference –
30th September – 1st October 2019
Celtic Royal Hotel, Caernarfon**



Thursday 13th September:

12.00 Registration & Lunch

Afternoon – Chair – TBC

13.25 **Welcome** – Mr Andrew Murray, Medical Director, NHS Forth Valley

13.30 **Title tbc** – Sarah Blackmore, Director of Delivery and Development, Scottish Association for Mental Health

14.00 **Staff Support** – Dr Susan Ramsay, Consultant Clinical Psychologist, NHS Forth Valley

14.30 **TBC**

15.00 **Tea and NAMEM AGM Q&A –NAMEM Council**

15.30 **Joy at Work – Personal Resilience** – Dr Simon Edgar, Director of Medical Education, NHS Lothian

16.00 **TRiM Debrief**, Angela Lewis, Founder of Personnel Support

16.30 **Facilitated Table Discussion of Good Practice Nationally**

16.45 **Plenary & Feedback to Conference**

17.00 **Finish**

18.15 **Civic Reception at Glasgow City Chambers – The Lord Provost of Glasgow**

Pipers from the Royal Conservatoire of Scotland

Scottish Highland Dancing by Danielle Law School of Dance

20.00 **Drinks Reception and Dinner Glasgow Central Hotel**

Whisky tasting by Loch Lomond Distillery

DJ to midnight

Friday 14th September:

Morning – Chair – TBC

09.00 **“How are you?” – the importance of caring for doctors as well as patients** – Dr Mhairi Dupre, FY2, NHS Forth Valley Hospital

09.30 **Personal Resilience – The good times and the bad of being a doctor** – Professor Claire McKenzie

10.00 **Supporting doctors in training: performance, personality and passing exams** - Dr Greg Jones, Associate PG Dean for Performance Support Unit

10.30 **Questions**

10.50 **Refreshments**

11.20 **Stress and Anxiety** – Dr Michael Gotz, Consultant Psychiatrist, NHS Forth Valley

11.50 **Promoting Professionalism – The GMC supporting doctors to maintain good medical practice** – Nicola Cotter, Scottish Liaison Adviser, GMC

12.30 **Medico Legal Update** – Dr Christine Bradford, The MDU

13.00 **Student Case Studies** – Professor Chris Isles, Sub Dean for Glasgow University

13.30 **Lunch and departure**